

QAS 2015

SMARTER, STRONGER, FAIRER



1 SUSTAINABLE QAS GROWTH

- ▶ Contributed to the Department's 2015/16 budget process
- ▶ Organised upgrade of the QAS IT infrastructure so as to improve the reliability and functionality of the Wi-Fi system.
- ▶ Continued to invest in the capital infrastructure in the gymnasium and laboratory
- ▶ Managed budget to a 0% variance showing ongoing strong financial management capabilities
- ▶ Continued to achieve over 25% representation in senior national teams
- ▶ Provided generational friendly improvements across areas that will sustain QAS into the future (standing desks, feedback devices, dual screens, updated IT)
- ▶ The quality of the athlete is continuing to improve as indicated by international results and improvements in how sports evolve their play and performance
- ▶ Secured capital funding for sports science "cutting edge" equipment
- ▶ Centre of Excellence (CoE) completed 12 projects and supported 28 new ones.
- ▶ Supported 18 post-graduate research scholars with one Honours thesis completed
- ▶ Leveraged government funding with collaborative research funding from partners and grants exceeding QAS investment by 1:1.2

2 WISE INNOVATION

- ▶ Commenced using Spotfire Data Analytics integrated in to the Athlete Management System (AMS).
- ▶ Conducted 3 x Load Management Workshops with AIS Staff and delivered to QAS and SSO/NSO Staff.
- ▶ Conducted 2 AMS 'Show and Tell' best practice sessions with 50 people and 15 organisations in attendance.
- ▶ Conducted 4 High Performance Gatherings for SSO and NSO staff
- ▶ Revised QAS Personal Development Framework
- ▶ Attended AIS Coach and Leadership Workshops (Performance Leader, Podium Coach, Performance Coach, Road to Rio Series) with QAS supporting 6 positions
- ▶ Commenced review of QAS High Performance Framework
- ▶ Attended NIN Meetings (Director and Program Manager).
- ▶ Commenced development of DDI Success Profiles for the leadership team
- ▶ Launched the QAS Road 2 Rio website
- ▶ CoE was awarded 3 research grants from the AIS totalling ~\$80K for projects collaborating directly with NSOs (e.g. Swimming, Triathlon)
- ▶ Facilitated 27 presentations at QAS and SSO research seminars and national and international conferences
- ▶ Published 13 articles and submitted 14 manuscripts to international peer-reviewed journals, and provided reports to QAS
- ▶ CoE featured in 36 promotional activities and awards (e.g. media releases, television and radio recordings)
- ▶ Held meetings with expert panel on the QAS Prospecting for Gold Innovation Cloud to help prioritise and direct research activities
- ▶ Conducted a knowledge economy forum with QAS and GU staff that resulted in a Knowledge Wish List being drafted and a number of new research partnerships and scholarships identified

3 OPTIMISING QAS PROGRAMS AND SERVICES TO SUPPORT ATHLETE PREPARATION AND PERFORMANCE

- ▶ Engaged a full-time physiotherapist (contractor) in the Athletics Program
- ▶ Reviewed all program service requirements and increased health support by 53% from 14/15 to 15/16 budget.
- ▶ Attended NSO Planning Meetings for the 2017 + cycles.
- ▶ Attended NIN AWE Presentations for the 2017 + cycles.
- ▶ Athlete agreements and inductions were developed and released using the Athlete Management System.
- ▶ Created and filled 3 intern positions (2 x Physical Performance Coaches, 1 x Performance Scientist).
- ▶ Conducted a joint workshop with QAS and Australian University Sport.
- ▶ Negotiated with Stadiums Queensland to engage their casual lifeguards for Recovery Centre supervision
- ▶ Increased the level of performance health services available to individual scholarship and P4G athletes.
- ▶ Progressed negotiations on a new lease for the QAS at QSAC
- ▶ CoE facilitated the development of collaborative research infrastructure with Swimming Australia Ltd and Kistler Instruments Australia Pty Ltd to establish the QAS Recovery Centre as an official beta testing site for a Swimming Performance Analysis System
- ▶ Negotiated the implementation and trial of new award-winning 3-dimensional thermal imaging technology from the CSIRO for QAS Physical Performance
- ▶ Assisted the NRL with a survey, analysis and report of Player Welfare and Performance at selected NRL clubs

STAND-OUT PERFORMANCES FOR THE YEAR

Water Polo

Rhys Howden, Billy Miller win gold at FINA World Intercontinental tournament

Hockey

Jamie Dwyer becomes most capped Kookaburra (322 caps)

Mat Belcher and Will Ryan

Mat Belcher becomes first Queenslander selected for Rio 2016 Olympic Games with 470 crew member Will Ryan

Carlee Beattie

Wins maiden IPC World Championship title

Bill Chaffey

Wins fifth World Championship title

Swimming

Emily Seebohm and Bronte Campbell - 3 titles
Mitch Larkin - 2 titles

